

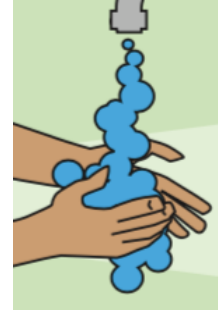
## STI TESTING - HOW TO COLLECT A URINE SPECIMEN



1. Wash your hands with soap and water.



2. Pee the first part of your urine stream into the bottle. Fill the bottle about half way (between 20 and 60 cc).  
**Twist the lid closed tightly.**



3. Wash your hands with soap and water.